National Register of Hypnotherapists and Psychotherapists
Continuing Professional Development
Supervision Record Sheet

Name of Supervisee .....

Date commenced .....

Date	Supervisor's Name	Nature /Type*	Total Time	Client Hours**	Supervisor's Signature

Supervision
NRHP regulated and UKCP registered members seeing more than seven clients per week - Minimum 20 hours supervision per year (10 x two hour sessions)
NRHP regulated and UKCP registered members seeing fewer than seven clients per week - Minimum 10 hours supervision per year (5 x two hour sessions)
NRHP regulated, non-UKCP registered members must have one hour of supervision for every eight client contact hours, up to 20 hours per year.
NB: NRHP regulated members working toward UKCP registration must have met UKCP supervision criteria for 18 months prior to application With effect from 6th July 2007, new UKCP applicants will have to submit proof, via their supervisor, of having undertaken a minimum of 450 client hours.

*** Specify nature of supervision, i.e., face-to-face or telephone, one-to-one or group***
****Number of face-to-face client hours undertaken between supervisory sessions****