National Register of Hypnotherapists and Psychotherapists
CPD Record Sheet

Forename ..... Surname .....

Date commenced .....

Date	Nature of CPD	How verified	Time spent	Running total hrs

NOTES: Minimum 50 hours 'other' CPD activities over a rolling five year period.

Attendance at workshops/courses/conferences;
Research activity, either clinical or in a related academic field;
Active study and personal reflection.

This list is not exclusive and any relevant professional development activity which can be justified and verified will be considered. CPD need not be restricted to hypno-psychotherapy, or closely related courses, but, in line with UKCP policy, will allow the individual to develop knowledge and competence in a variety of modalities, as well as supervision, teaching, research and management skills. The 50 hours of 'other' CPD can be undertaken at any time during the five year cycle.

NB: UKCP members of NRHP undertake to complete at least 250 hours of CPD over 5 years, with a minimum of 20 hours in any one year.