

NRHP's News & Views

Issue 2, February 2016

If you have anything you think would be of interest to your fellow NRHP members, or you would like to seek advice from our membership and its wealth of experience, please contact the office:

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Lancs., BB9 7EN

CONTENTS

- Renewals
 - NRHP AGM
 - Election of Directors of the Board
 - New book by NRHP Member, Gordon Gatiss (document attached)
 - OnTv – Register of Experts (document attached)
 - Quinquennial Reviews
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Renewals

Many thanks for all your NRHP renewals. If we haven't heard from you yet, we'll be writing to you to confirm whether you wish to renew.

AGM

The AGM will take place on Saturday, 23rd April 2016 at the Crewe Arms Hotel. Details about the day will be sent out shortly. We hope that you will be able to attend.

Election of Directors of the NRHP Board

Information on how to put your name forward will be sent out in March.

New book by NRHP Member, Gordon F Gatiss

We are very pleased to let you know about the new publication 'Direction of Travel – The Journals' by Gordon F Gatiss. Details of the book and its author are attached (Direction of Travel Advert NRHP).

Here's a short extract from the attachment:

“Direction of Travel: The Journals’ uses a fictional narrative to help readers explore the deepest and most elusive corners of their mind and life. From relationships and ideologies to addictions, beliefs and dreams – Gatiss’ powerful story of one man’s challenging life experiences is guaranteed to change the outlook and ideas of its readers.”

Please have a look at the attached document for further information.

ontv.uk.com

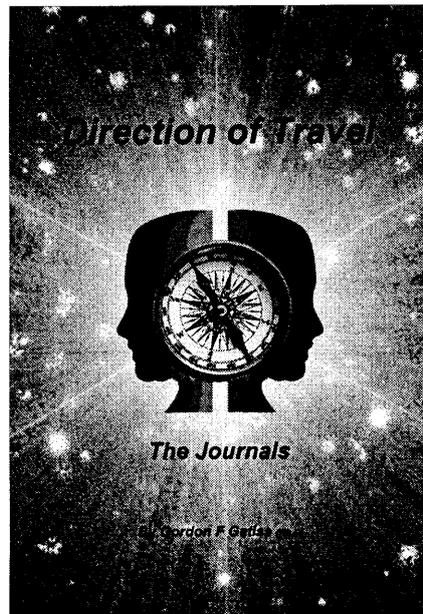
One of our members has received an e-mail (please see attached document ‘Expert needed’) and wondered whether we had any knowledge about this new company. We haven’t, but perhaps some of you have. It costs £25.00 per annum to register your ‘service’ on their register.

If you have an interest in this area of work and know more, we’d be grateful if you could send your comments.

Quinquennial Reviews

If you joined the NRHP in the years 1986, 1991, 1996, 2001, 2006, 2011 we will be sending you a request for your CPD/supervision records for the five year period 2011 to 2015. If you have already been sending in your records upon annual renewal, you will only need to send a brief report from your supervisor confirming your fulfilment of the requirements. If you are also UKCP registered, please remember that you will also need to fulfil UKCP’s College of Hypno-Psychotherapists (CHP) requirements. These requirements are listed in ‘A Guide to NRHP’.

We will be sending out the requests in March.



***Direction of Travel: The Journals* – New Journey of “Mind Exploration” Compels Readers to Question Every Thread of their Existence**

Written by Gordon F. Gatiss, ‘Direction of Travel: The Journals’ uses a fictional narrative to help readers explore the deepest and most elusive corners of their mind and life. From relationships and ideologies to addictions, beliefs and dreams – Gatiss’ powerful story of one man’s challenging life experiences is guaranteed to change the outlook and ideas of its readers.

Gordon knows that it isn’t easy to empower people to deconstruct their mind and examine every thread of their being. But in his new book, he encourages exactly that.

While ‘Direction of Travel: The Journals’ was written to positively change readers’ lives, it’s curiously a fictional narrative. But don’t be fooled, the story is raw and uninhibited; pushing readers to beyond boundaries that they didn’t know existed.

Synopsis:

Relationships, addictions, ideologies, beliefs and negative behaviours, the common constituent parts of this thing we call ‘life’. There are many books that tell you how to change your life; there are books that tell you why. There is now a book that asks you questions you’ve never been asked before to challenge your perception, beliefs and behaviour. A unique book where the narrative in novel form, takes your mind on a journey of exploration. Beginning his life by being left in a cardboard box under a statue from which he will take his name.

The story of the main character unfolds with abuse, bullying, isolation, to love, and then deep despair as the unthinkable happens. Within moments of attempting to commit suicide, the voice of the narrative is handed a question that saves his life. As the Universe guides events, he encounters personal challenges, one of which puts his very existence into peril with unexpected out-of-body experiences. The unthinkable ending will leave you desperate for more.

“The entire point of this book is to, through an edge-of-the-seat story, push readers into a corner where they are forced to ask themselves some very tough questions,” explains Gatiss. “For example, they’ll start pondering where were they before they were born, who is the observer of their life, what is the purpose of their life, what is the most important thing in their life, what consciousness really is and much, much more.”

Continuing, “The provocative responses they’ll uncover will then serve as bold inspiration to re-think parts of their life, or even change it altogether. They’ll also quickly discover how their thoughts and processes ultimately shape the world in which they live, yet how they always retain the power to change how they think. Everything stems from my years as a Psychotherapist, and I guarantee every reader will turn the final page feeling uplifted and with a new outlook on life.”

‘Direction of Travel: The Journals’ is available now: <http://http://amzn.to/1SsD0ah>.

For more information, visit the author’s official website: <http://www.mindforlife.co.uk>.

About the Author:

Gordon is continuing to live a life full of experiences that challenge and inspire his creative and insatiable thirst for knowledge seeking out situations that take him out of his comfort zone.

Spending his first 30 years in the North East of England and then moving around the UK with work opportunities which included retail, consumer industries, construction, electronics and software, he returned to university at the age of 45 years old and gained a Masters in Management, a Post Graduate Certificate in Education (PGCE), and a PhD in philosophy. While studying he started his own company eventually lecturing at Salford University in Manchester. In 2002 he retrained again to become a qualified Psychotherapist and Hypnotherapist.

His life took an unexpected turn when personal problems developed in his life and he suffered a major break down. Not being able to help himself he temporarily stopped his Psychotherapy work. Through this difficult time he was able to find the dying spark within himself to read books about the mind, and he developed a passion for quantum physics. Slowly he regained his passion for life and restarted his psychotherapy work. He developed new and unique techniques for controlling thoughts and changing belief systems and behaviour. As if to prove his uniquely developed techniques, in 2006 he underwent a major hernia operation without local or general anaesthetic.

Enjoying a successful private practice Gordon retired in 2014. He is passionate about health, and keeps himself fit with regular visits to the gym, walking and cycling.

He is the author of several books, *Your Past Does Not Equal Your Future*, *Why You Should Change Your Mind To Change Your Weight*, *Enki’s Story: The Beginning*, and *Trapped in Amber*. *Direction of Travel* is his latest book, which expands on helping people deal with the constituent parts of life, and beneficially change their lives. His unique techniques and processes are a key part of his books.

NRHP

From: "OnTV Admin" <georgia.ontv@outlook.com>
Date: 12 February 2016 13:45
Subject: Expert needed!

Hi,

We have three production companies currently looking to work with brilliant experts at ontv.uk.com

Including: Hypnotherapist, Psychologist, Doctor and Life Coach needed

<http://ontv.uk.com/casting/hypnotherapist-psychologist-doctor-life-coach-for-quit-smoking/>

OnTV is a new website where TV production companies can find experts, such as yourself, for new and exciting TV opportunities.

YOU NEED TO SIGN UP TO A SERVICE ACCOUNT

In four short months OnTV has:

Over 3,300 members registered

Over 130 different productions using the site to post castings, search our database and contact members

Over 55 different production companies using the site

Over 16,500 followers on Twitter

OnTV works closely with ITV, BBC, C4, Objective Productions, Studio Lambert, RDF Media, Fremantle Media, Gogglebox Entertainment, Reef, The Garden Productions, Spun Gold TV, Remedy Productions, CPL Productions, Talkback, Thames TV, Videojug Networks and lots more! These companies cover such a wide variety of genre so I expect there to be an extremely wide spread of opportunities daily

The other great thing about the site is that all members are visible by other members, not just the production companies. So you will potentially have a reach of thousands with your weblink and bio on your company.

Another thing to note!

I won't be acting as an agent in any way at this stage however, I am looking at different types of membership for the future where I can help benefit certain profiles. For example, targeted advertising, which would be including profile's in regionally beneficial newsletters etc. Tweeting (we have over 16k followers currently and growing everyday), creating video content to promote brands and sharing on our YouTube page, website, FB and Twitter accounts. I will keep you updated on these developments.

[For another quick insight into how YOU can benefit from featuring on TV, check out this short video.](#)

https://www.youtube.com/watch?v=uUcdGill_Hg

I hope to welcome you as an OnTV member soon - ontv.uk.com

Georgia